

## Code of conduct – Participants/Athletes

### Purpose:

To ensure SGAC remains a safe and positive environment for all

To maintain a high standard of behaviours amongst all participants/athletes and ensure they represent SGC in a positive way

### Policy:

#### *Behaviour and attitude*

- Athletes must display respect and honesty towards coaches, officials, administrators, parents and fellow athletes.
- Athletes must adhere to **SGAC Gym Rules** at all times
- Athletes should show teamwork and sportsmanship – encourage and help each other, congratulate and show genuine appreciation for everyone's skill, regardless of the outcome achieved
- SGAC has a zero tolerance to physical/verbal violence, bullying/ harassment or abuse. This includes any online bullying/harassment via social media or other medium
- If an athlete has a concern with another team member they must bring this to the attention of their coach or SGAC management. No secrets, whispering or talking behind each other's back
- All athletes are required to abide by all policies/rules of Gymnastics Australia, and gymnastics state governing bodies when attending competitions
- Be proud of SGC and promote it positively

#### *Punctuality*

- Always arrive to training on time
- If you are going to be on leave, please notify your coach

#### *Personal Presentation, Uniform & Personal Belongings*

- All athletes must wear appropriate SGC uniform when participating in training, training camps and competitions
- Hair should be securely tied back neatly and off the face. Hair for competition should be worn as directed by coaches
- No socks or shoes to be worn on the floor unless directed by your coach.
- With the exception of small stud earrings, no jewellery to be worn on the floor to avoid injury and damage to equipment
- SGAC is not responsible for personal belongings brought to the centre by athletes. Athletes are encouraged to leave valuable items at home

#### *Care of equipment*

- Athletes must appreciate and respect the equipment. Do not damage, deface or intentionally destroy the equipment. This includes not handling other people's personal belongings without their consent

#### *Injuries*

- All injuries are to be reported immediately to the coach so that appropriate action can be taken

***Any behaviour not in line with the code of conduct may result in suspension or cancellation of the participant/athlete SGAC membership or removal or demotion from a Program.***

## Code of conduct – Parents/Guardians

### Purpose:

To ensure SGAC remains a safe and positive environment for all

To maintain a high standard of behaviours amongst parents/guardians, which supports a positive gymnastics environment.

### Policy:

#### *Supporting your child*

- Remember that your child participates in sport for their own enjoyment, not yours
- Show appreciation for good performance by all participants, including those from other clubs
- Never ridicule or yell at your child or any other athlete for making mistakes or losing a competition
- Do not coach or communicate with your child from the grandstand. This includes gesturing, yelling, and speaking over the railing. Side-line coaching can sometimes be dangerous as it becomes a distraction to athletes and could potentially lead to injury

#### *Respect for others and SGAC*

- Treat all persons with respect and courtesy. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion. This includes all SGAC staff, athletes, other members and guests
- Respect the decision of coaches, contractors and officials whilst teaching your children to do the same. At no time should a parent badger or harass a coach, judge or official. This includes gesturing, pointing and speaking to coaches, contractors and officials from the grandstand
- Demonstrate a high degree of individual responsibility especially when dealing with, or in the vicinity of, those persons under the age of 18, as your words and actions will be noticed
- Allow SGAC to supervise and manage the progress of your child without interference
- Be proud of your Club and promote it positively

#### *Viewing of Training and Competitions*

- Parents are not permitted in the downstairs area or within the gymnastics halls under any circumstances (unless requested by a coach or participating in the Kinder Gym program) satisfying our Child Friendly, Child Safety Policy
- If you notice any behaviour or hazards which could potentially harm or endanger someone, please report to Member Services

#### *What to do if you have questions or concerns*

- Should you require to speak with your child's coach, please book an appropriate time to do so. It may not always be possible for you to speak with the coach directly after training due to the coach's schedule. Please speak with Member Services who will forward your request to the coach or team leader to contact you. Alternatively, you can email your request to [reception@sgac.com.au](mailto:reception@sgac.com.au)
- If an issue arises that needs attention, please contact Member Services who will assist immediately or pass on to the relevant coach or team leader to address
- Maintain confidentiality regarding any issues raised and please do not gossip or complain to other parents
- SGAC management will be responsible for the handling and mediation of all grievances Under no circumstance should parents/athletes approach other parents/athletes in the attempt to resolve any possible grievances they may have. This includes any contact via social media or any other medium

**Any behaviour not in line with the code of conduct may result in suspension, demotion or cancellation of the participant/athlete SGAC membership.**